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 Who can forget the thrill of the first time when you learned to ride a bicycle?

However, the fact of the matter is that the thrill wears off as bicycles

become our main transportation. As a result of what happens when we get

older, once we get our driver’s licenses, we don’t even use our bicycles. Our

bicycles are stored away in the garage, and they serve no purpose, and all

they do is gather dust. Now, though, due to the fact that the mountain bike

was developed, people are rediscovering the enjoyment and pleasure of biking

that they first experienced as children. With its sturdy frame and knobby

tires, the mountain bike is luring adults out to play, and it has brought bicyclists

out in force to embrace and explore the land beyond the pavement.

Mountain-bike trails wind through the nation’s parks and wilderness areas

and help adults satisfy the need to play and explore, which never really goes

away and which stays with them forever.